

Fall 2025

Parent Packet

www.whysoccer.org



WHYS League Policies

White House Youth Soccer, Inc. (WHYS) is a nonprofit organization incorporated under the laws of the State of Tennessee. WHYS is an affiliate of and complies with the authority of the Tennessee State Soccer Association (TSSA), the United States Youth Soccer Association (USYSA), and the United States Soccer Federation (USSF).

OBJECTIVE: To promote youth soccer in the White House area by focusing on:

- a) **Education** – For coaches to understand the age specific and skills specific approach to the game and provide every coach with the necessary training needed to teach each player the fundamental skills of soccer.
- b) **Participation** - all players are given the option to play at least half of every game
- c) **Competition** – compile balanced teams in each age group based on prior season's rating to provide an environment that encourages friendly competition
- d) **Sportsmanship** – stress the importance of doing your best and not endorsing winning at any cost.
- e) **Building Character** – The league provides tools for coaches to develop character, values, and life skills for our children through the participation in youth sports.

TN State Soccer Volunteer Disclosure Form:

All coaches and volunteers are required to fill out a Volunteer Disclosure Form each year. (Background Check)

All coaches must undergo concussion training and field clinic sessions.

Detailed information about the league and our policies can be found on our website at www.whysoccer.org

Links to other resources:

Tennessee State Soccer Association (TSSA) – www.tnsoccer.org

United States Youth Soccer Association (USYSA) – www.usyouthsoccer.org

United States Soccer Federation (USSF) – www.ussoccer.com

Fédération Internationale de Football Association (FIFA) – www.fifa.com

Fall 2025 Important Dates

Mark your calendar for the following dates for the upcoming season

(You can also visit our Calendar on the website for these dates at www.whysoccer.org)

Rec Practices Begin: August 4th

NO REC PRACTICES: August 18th – 22nd

WHSC Fall Classic: August 22nd – 24th

Rec Games: Sept. 6th, 13th, 20th, 27th Oct. 4th, 11th, 18th, 25th (end of season)

Picture Days: Sept. 27th and Oct. 4th

Rec Practices End: Oct. 10th

Weeknight Games: TBD

*****All dates are tentative and are subject to change*****

General Information

- The club's core values - **Fun/Development/Character**
- Rain out app: Rainout Line (select alert for WH soccer fields)
- Additional skills classes offered (Keepers/Foot Skills)
- Concerns - Speak with your coach. Next step Director of Rec. Coaches. Next step Director of Coaches. Final step Commissioner
- We offer select soccer through White House Soccer Club (tryouts in June)
- Board member opportunities - Be part of the leadership team.

WHYS Code of Conduct

Players

- Have fun and enjoy the game of soccer for yourself.
- Follow the 'Laws of the Game' during play.
- Referee decisions are final, never argue or complain about a call on the field.
- Be a good sport by cheering all good plays, whether it is your team or your opponent's.
- In soccer as in life, treat all players as you would like to be treated.

Parents and Spectators

- Safety comes first, please position your seating area at least 1 yard from the sideline (touch line)
- Setup your seating area on the opposite side of the coach and players
- No standing or sitting directly behind the goals, or inside 10 yards from the goal line.
- Always respect the referee, never confronting/engaging a referee during game play
- During the games, always positively encourage your child/players and the opponent players.
- Do not solicit advice to the coach during game play or breaks during the game.
- No smoking on the fields during games or practices
- No alcoholic beverages are allowed in the park at any time.
- Relax and enjoy the game!

Coaches

- Coach volunteers will be required to attend age specific clinics as defined by WHYS each season.
- Safety reasons, remain at least 1 yard from the sideline (touch line) during game play.
- During game play, all coaches remain on their respective halves of the field between midfield and penalty area.
- Coaches are not permitted to enter the field of play while the game is in process.
- Only 1 Head Coach and 1 Assistant Coach can be permitted on the sideline during game play.
- Prior to the game start, take a moment to introduce yourself to your opponent coach and referee for the game.
- Always respect the referee, never confronting/engaging a referee during game play
- Explain the principles of the game when coaching, as shouting & bellowing at players is not acceptable.
- Remove any player becoming overly aggressive or disrespectful, giving them time to calm down.
- Hold a preseason meeting to address acceptable player, parent, and coach code of conduct behaviors.
- Be the positive example for your team, your opponent and all parents and spectators alike during the game.
- Remember that you are a youth sports coach, and that the game is for children and not adults.

Failure to comply with this code of conduct may result in the removal of the offending spectator(s) or coach(s). Play will be suspended until the offending spectator(s) or coach(s) leave the area of game play. Failure to respond to an official's request to leave within ten minutes may result in the game being permanently stopped. All ejections will be reviewed by the WHYS Board of Directors.

Tennessee State Soccer Association Code of Conduct

White House Youth Soccer is governed by the Tennessee State Soccer Association (TSSA) and strictly follows its policies and guidelines. For more information about TSSA <https://www.tnsoccer.org/governance> Policy 9 – Conduct and Discipline <https://app.box.com/s/yut30hy410hwlxwhwbhlezfxho3pwpu> click on the appropriate link.

City of White House Code of Conduct

Our city is very proactive when it comes to supporting co-sponsored recreation programs such as White House Youth Soccer. The Code of Conduct was adopted to help make everyone's experience in our parks more enjoyable. The Code of Conduct allows volunteer organizations to focus on providing a positive experience for participants while providing a mechanism for dealing with those who cannot seem to stay in control. We have a zero-tolerance policy and will deal swiftly with those who do not conform to this Code of Conduct.

<https://www.whitehousetn.gov/home/showpublisheddocument/2245/638101499659082364>

Rules of Play

Age Division	Age of Player	Ball Size	Format	Game Length
U3	2,3	3	Trainer Led Parent/Player Participation	Approx. 45 minutes of instruction
U4	3,4	3	3v3	24 Minutes (4 – 6 minute quarters)
U5	4,5	3	3v3	24 Minutes (4 – 6 minute quarters)
U6	5,6	3	4v4	32 Minutes (4 – 8 minute quarters)
U8	6,7,8	3	4v4	40 Minutes (4 – 10 minute quarters)
U10	8,9,10	4	7v7	50 Minutes (2 – 25 minute halves)
U12	10,11,12	4	9v9	60 Minutes (2 – 30 minute halves)
U15	12,13,14	5	11v11	70 Minutes (2 – 35 minute halves)
ICL	15 through 19	5	11v11	80 Minutes (2 – 40 minute halves)

- The WHYS soccer year shall consist of two seasons – the first being in the fall and the second in the spring.
- Teams will be assigned or drafted at the beginning of each season.
- FIFA rules are followed by U10 and up.
- Modified Rules exist for U8 players and down **(No Goal Keepers U8 and below)**
- Substitution of players is mandatory for all ages.
- Each player must be given the opportunity to play half (1/2) of the game.
- A coach failing to allow a player to play at least half the game (Except in the case of injury or a behavioral breakdown) shall be in violation of the WHYS By-laws
- Substitutions are allowed at the end of each quarter or for injured players for U6 and below.
- Unlimited substitution is allowed throughout the game for U8 and above.
- The coach must have the subs ready to enter the field of play and check in with the referee at the halfway line.
- For over aggressive play, the referee shall write down the player's number on his/her score card and caution (Yellow Card) the offending player.

Player Equipment

- Soccer Cleats
- Age-appropriate ball
- Shin Guards (must be completely under sock)
- A uniform shirt, shorts and socks are provided as part of the normal fees.
- No Jewelry allowed (earrings, rings, bracelets, etc....)

Modified Rules for Mini Kickers (U4/U5)

Ball Size: 3

Players on Field: 3 vs 3 (No Goalkeeper)

Game Time: 4 Quarters, 6 Minutes per Quarter –3 minutes between quarters. (*Teams will Defend the Same Goal the entire Match*)

Goal Size: 3 x 5 Field Size: 60 x 40

Scoring/Standings: Do Not Keep Score or Standings

1. **Safe Play is our number one priority!** If a player is injured on the playing field, stop the game. Check the player for the severity of the injury. Substitute if needed and restart the game with a drop ball at the place where play was stopped, at least 5 yards from the goals.
2. A coin toss will determine which team kicks off first. The winner of the coin toss will kick off starting the 1st and 3rd Quarters. The loser of the toss will kick off starting the 2nd and 4th Quarters. The ball will be kicked off from the center circle halfway line. Kickoffs are also taken after opposing team scores.
3. When the ball goes out anywhere on the field a “kick-in” is given to the team whose player DID NOT touch the ball last. The ball will be “kicked in” from the point where the ball went out of bounds. (Please allow player a second chance to “kick in” if first attempt is done incorrectly)
4. Teams cannot score from a “kick-in.” If ball goes into the goal from a “kick-in”, the opposing team shall be given a goal kick.
5. All players should play a minimum of two quarters (half the game). Note: Players at this age will sometimes balk and not want to play. Do not force them to play until they are comfortable and ready to play.
6. Unlimited Substitution is allowed at this age and can be made at any point during a stoppage in play.
7. Offside Rules **DO NOT APPLY** to this age group.
8. In an effort to allow more goal scoring opportunities, coaches should discourage players from hanging back into permanent defensive positions.
9. U4 & U5 matches will be overseen by Coaches. Enforcement of all rules will be the responsibility of the coaches and will be discussed and agreed upon before the game. Coaches will determine who will be the primary timekeeper prior to the start of the game.
10. Coaches are to comply with the rules of the game, demonstrate good sportsmanship and help make each and every kid on the field feel like a winner at the game’s end!

Modified Rules for Mini Kickers (U6)

Ball Size: 3

Players on Field: 4 vs 4 (No Goalkeeper)

Game Time: 4 Quarters, 8 Minutes per Quarter –3 minutes between quarters. (*Teams Will change directions after halftime*)

Maximum Goal Size: 4 x 6 Field Size: 70 x 50

Scoring/Standings: Do Not Keep Score or Standings

1. **Safe Play is our number one priority!** If a player is injured on the playing field, stop the game. Check the player for the severity of the injury. Substitute if needed and restart the game with a drop ball at the place where play was stopped, at least 5 yards from the goals.
2. When the ball goes across the goal line last touched by a defensive player, a corner kick is given to the offensive playing team. The ball will be kicked from the corner closest to the point where the ball went out of bounds.
3. When the ball goes across the goal line last touched by an offensive player, a goal kick is given to the defensive playing team. The ball will be kicked from anywhere on the Goal Line on the side of the goal where the ball went out.
4. When the ball goes across the touchline, a “kick-in” is given to the team whose player DID NOT touch the ball last. The ball will be “kicked in” from the point where the ball went out of bounds. (Please allow player a second chance to “kick in” if first attempt is done incorrectly)
5. Teams cannot score from a “kick-in”. If ball goes into the goal from a “kick-in,” the opposing team shall be given a goal kick.
6. All Offenses (pushing, holding, etc.) will result in an indirect free kick. The indirect kick will be taken at the spot of the offense and at least 5 yards from the goal.
7. All players should play a minimum of two quarters (half the game). Note: Players at this age will sometimes balk and not want to play. Do not force them to play until they are comfortable and ready to play.
8. Unlimited Substitution is allowed at this age and can be made at any point during a stoppage in play.
9. Offside Rules **DO NOT APPLY** to this age group.
10. In an effort to allow more goal scoring opportunities, coaches should discourage players from hanging back into permanent defensive positions.
11. U6 matches will be overseen by a Match Referee. Enforcement of all rules will be the responsibility of the referee.
12. Coaches are to comply with the rules of the game, demonstrate good sportsmanship and help make each and every kid on the field feel like a winner at the game’s end!
Refer to FIFA laws, if not specified above.

Modified Rules for Mini Kickers (U8)

Ball Size: 3

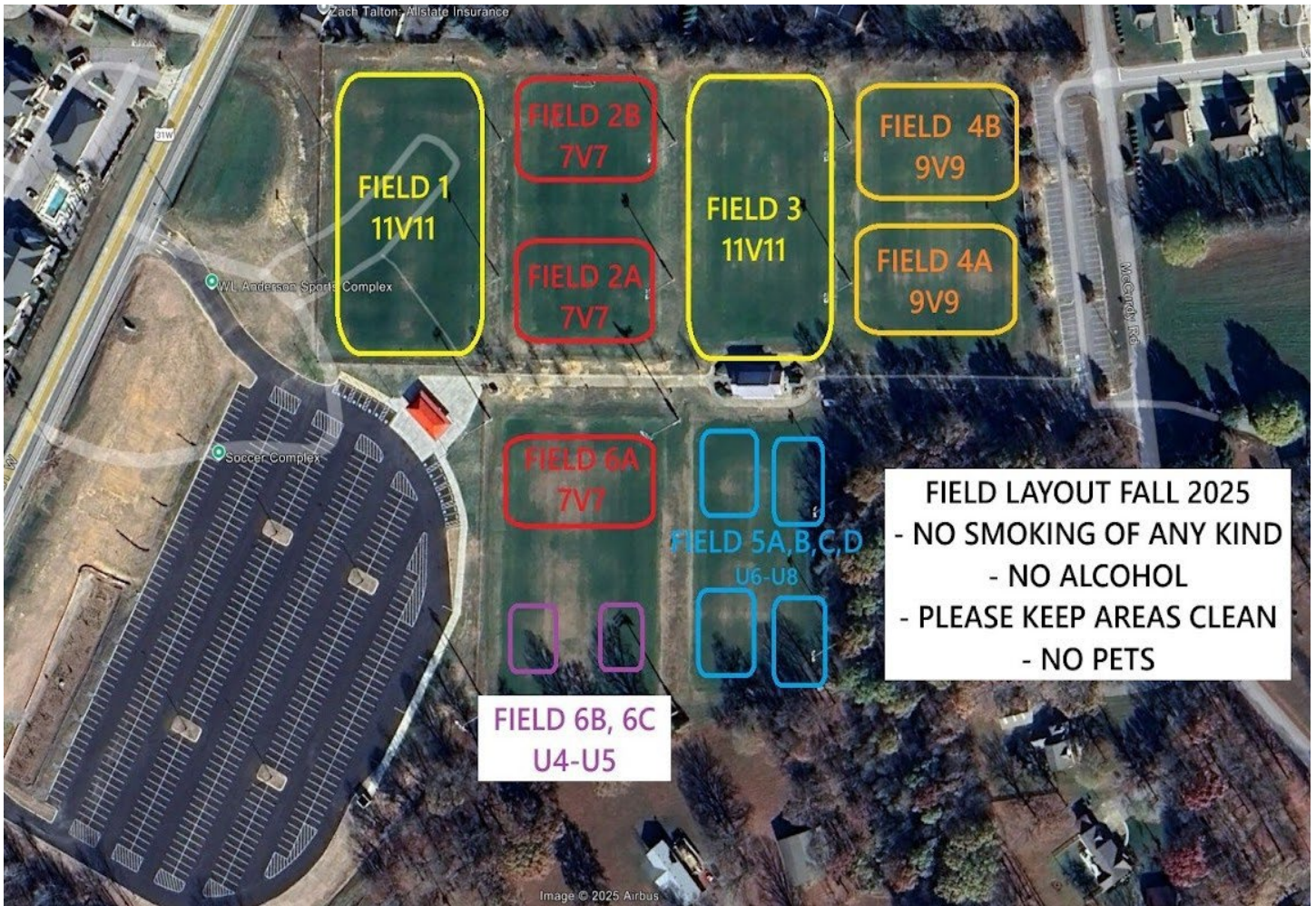
Players on Field: 4 vs 4 (No Goalkeeper)

Game Time: 4 Quarters, 10 Minutes per Quarter –3 minutes between quarters. (*Teams Will change directions after halftime*)

Maximum Goal Size: 4 x 6 Field Size: 105 x 75 Scoring/Standings: Keep Score but No Standings

1. **Safe Play is our number one priority!** If a player is injured on the playing field, stop the game. Check the player for the severity of the injury. Substitute if needed and restart the game with a drop ball at the place where play was stopped, at least 5 yards from the goals.
2. When the ball goes across the goal line last touched by a defensive player, a corner kick is given to the offensive playing team. The ball will be kicked from the corner closest to the point where the ball went out of bounds.
3. When the ball goes across the goal line last touched by an offensive player, a goal kick is given to the defensive playing team. The goal kick shall be taken anywhere along the goal line on the side of the goal where the ball went out. Opposing players must drop off five (5) yards from the ball until the ball is kicked.
4. When the ball goes across the touchline, a “throw-in” is given to the team whose player DID NOT touch the ball last. The ball will be “thrown in” from the point where the ball went out of bounds. (Please allow player a second chance to “throw in” if first attempt is done incorrectly)
5. All Offenses (pushing, holding, etc.) will result in an indirect free kick. The indirect kick will be taken at the spot of the offense and at least 5 yards from the goal.
6. All players should play a minimum of two quarters (half the game).
7. Unlimited Substitution is allowed at this age and can be made at any point during a stoppage in play.
8. Offside Rules **DO NOT APPLY** to this age group.
9. No Goalies are allowed at this age.
10. No player is allowed to touch the ball in the “Goalie Box.”
 - A. If a defensive player touches the ball in the goalie box and **a goal is not made**, a Penalty Kick will be taken from edge of the center circle, with all players behind the spot kick on the halfway line. If PK is made, the opposing team will restart game with a kickoff. If the PK is missed, the opposing team will restart with a goal kick.
 - B. If a defensive player touches the ball in the goalie box and **a goal is made**, it will be considered an advantage to the offense and **the goal will count**.
 - C. **If a defensive player is in the box but does not touch the ball when a goal is scored, there is no penalty, and the goal would count.**
 - D. If an offensive player touches the ball in the goalie box, the opposing team is awarded a goal kick.
11. U8 matches will be overseen by a Match Referee. Enforcement of all rules will be the responsibility of the referee.
12. Coaches are to comply with the rules of the game, demonstrate good sportsmanship and help make each and every kid on the field feel like a winner at the game’s end!
13. **Teams cannot score from direct kick on kickoff.**

Fall 2025 Field Layout



Fall 2025 WHYS Board Members

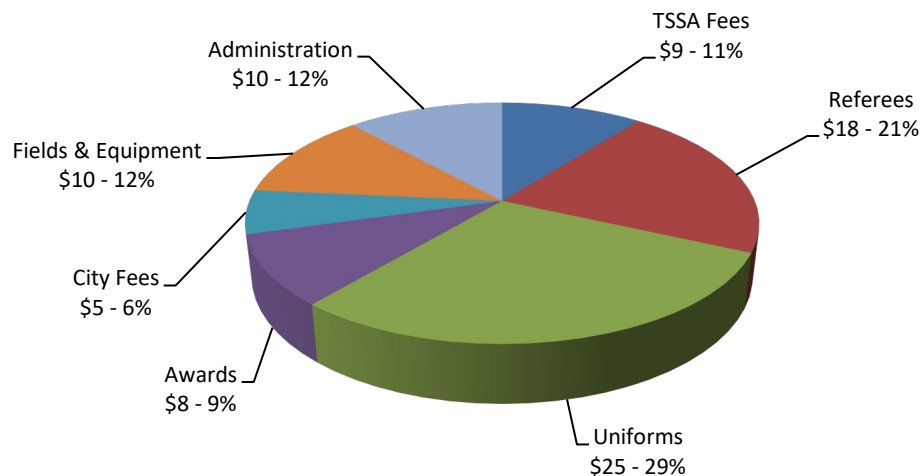
(All WHYS Board Members are non-paid positions)

Volunteer Name	Position	Email
Rob Ary	Commissioner	rary@whysoccer.org
Beth Ignatz	Deputy Commissioner	dc@whysoccer.org
Dwayne Judkins	Director of Coaches	judkinsdwayne@gmail.com
Stephanie Howard	Director of Recreation	stephanieleehoward@gmail.com
OPEN (Rob Ary)	Director of Referees	referees@whysoccer.org
Rachel Juillerat	Director of Sponsorships	sponsorship@whysoccer.org
Derek Boss	Director of Select	Dereksaccord@gmail.com
Matt Hayes	Director of Tournaments	tournaments@whysoccer.org
Hope Smalley	Treasurer	Hopesmalley14@gmail.com
Kalyn Kratzer	Secretary	kalynkratzer@gmail.com
OPEN	Webmaster	webmaster@whysoccer.org
Valerie Hudson	U4-U6 Age Coordinator	Vshultz88@gmail.com
DeAnne Allen	U8-U10 Age Coordinator	Deanne_allen@outlook.com
Veronica Fuentes	U12-ICL Age Coordinator	Veronicafuentes6@gmail.com
OPEN	Apparel Coordinator	
OPEN	Fields Coordinator	
OPEN	Camps Coordinator	
	General Information	info@whysoccer.org
Janet Dempsey	Sidekicks Coordinator	whsidekicks@gmail.com

If you are interested in joining the WHYS Board in any capacity, please email the Commissioner or Deputy Commissioner. Include your name and if there is anything specific you would be interested in doing. We always need people who are willing to help!

Cost to Play

Quite often the WHYS Board is asked questions about league expenses and where the money goes. We work hard to offer a great VALUE and EXPERIENCE while balancing the financial needs of the league. WHYS operational activities have been put in place based on feedback from parents, players and others who have been involved in our program throughout the years. WHYS runs on a tight budget, and we cover our seasonal expenses by making sure we provide proper allocation from regular season fees. Over the years we have used additional fundraising initiatives (Concessions and Select Tournaments) to support funding in conjunction with the City of White House for special projects such as the development of the current W.L. Anderson Soccer Complex and additional field lighting. These fundraisers will continue but profits are not guaranteed and should only be used for special projects and future program enhancements. This is why WHYS must rely solely on the player fees for operating expenses. Of course, with any budgeting process unplanned expenses can occur, but the graph and details below show the major budgeted expense categories incurred by the league.



TSSA Fees - We pay fees for each player to our governing body Tennessee State Soccer Association. These fees provide insurance for each player and risk management as well as other benefits. To learn more, visit their website at: www.tnsoccer.org

Referees - Referees must attend annual recertification classes and cover the costs of their uniforms and gear. They are not volunteers in a sense and are paid nominal fees for their services.

Uniforms - We provide unique uniforms that include shirts, shorts, and socks for each player.

Awards - Trophies or Medals are provided to each player that participates in the Recreational season. Additional awards are provided to First and Second place team participants in our season ending tournament.

City Fees - The City of White House maintains the complex. WHYS as well as all Co-Sponsored Leagues by White House Parks Facilities (WHYS, Dixie Youth Baseball, Jr. Pro Football, Jr. Pro Cheerleading) pays a Field Usage Fee for each player.

Fields & Equipment - Even though the City of White House maintains the fields, WHYS is responsible for purchasing and maintaining the Goals, Nets, Benches, Bleachers, Corner Flags, and anchoring devices for Goal Safety. We are also responsible for painting the fields each week and must provide paint and maintain the leagues paint sprayer.

Administration - The WHYS Board is volunteer based and does its best to keep overhead costs low. A few examples of overhead expenses are listed below: TSSA Club Registration, Internet Service, Active.com online registration fees, office supplies, Newspaper Ads, PO Box, Player and Coach Development, Signage, Concessions Fee, and Website fees to name a few.

**PLEASE REMEMBER TO HAVE FUN
AND ENCOURAGE YOUR PLAYER.**